



March 5 ,2020

## **Track & Field Season 2020**

Dear Parents/Guardians of Students in Grades 4 - 7,

Track and Field season will soon be starting and students in grades 4, 5, 6, and 7 will have the opportunity to be involved in various running, jumping and throwing events. In preparation for this year's Track and Field season, please read the following important information:

- **Change in location for Regional Track Meet Tuesday, May 5<sup>th</sup>**

If you have had children participate in Track and Field before, you will know that the Regional Track Meet is held at North Delta High School (NDSS). We have recently been informed that the track at NDSS will be undergoing extensive upgrades beginning next month. This means that our Regional Track Meet cannot be held at NDSS this year.

In order to ensure that this year's track meet can still go ahead, our District has booked the track facilities at **Bear Creek Park in Surrey**. Due to this, we will require parents to transport their children to and from the Track Meet. If you feel that your child would like to participate in the track meet this year, we are requesting that you plan to take the day off to get your child to and from the meet; and watch them participate in their track and field events 😊.

- **School Track T-Shirts**

Students have voted and our School Colour has been officially chosen! With this in mind we are offering students the opportunity to purchase a School Track T-shirt in our official "Devon Gardens Green"! As we typically take a very large group to the Track Meet, and we only have a limited number of school jerseys, these t-shirts help to alleviate some of the problems we have dealt with at previous years' track meets as: overheating from too many layers, sharing of sweaty jerseys, sizing, and students feeling they need a "lucky" number. This t-shirt can also be used for next year's next track season and will also be a nice keepsake for the students as well. Purchasing a t-shirt is completely optional, of course!

If you would like to order a Track T-shirt, please complete the order form attached and **return it no later than April 9<sup>th</sup>**. Due to the tight timeline and needing the t-shirts delivered in time for the Track Meet, **late orders cannot be accepted**. Sample sizes will be available for students to try on at the office.

- **Track and Field Events and Practices**

Track and Field practices will begin after Spring Break. To ensure that all Grade 4 and 5 students have exposure to and learn about the various Track and Field events, practices for these students will happen during their PE and DPA times. Grade 6 and 7 students will have the opportunity to sign up and try out for events they are interested in as they have already had exposure to the different events. Stay tuned for more specific information.

Students will need to come dressed appropriately for practices (gym strip and running shoes). They should also bring a change of t-shirt, extra socks and a water bottle.

There will be several teacher coaches involved in helping with track practices. The main goals for the students throughout the track season are to encourage positive participation, increased self-esteem, confidence and teamwork.

These are the Track Meet events, by grade level:

Grade 4	Grade 5	Grade 6/7
Softball Throw	Softball Throw	Shotput
Longjump	Longjump	Longjump
60m	60m	100m
100m	100m	200m
600m	200m	300m
Shuttle relay	600m	800m
4x100m relay	Shuttle relay	1200m
4x100m mixed relay	4x100m relay	4x100m relay
	4x100m mixed relay	4x100m mixed
		Medley relay

Selection for the Track Meet

Each student may participate in a **maximum** of THREE individual events and ONE relay. However, this does not mean that all students will participate in the maximum number of events. We realize that some students may be disappointed if they are not selected to participate in multiple events and/or are not given their first choice. Please know that we aim to have as many students as possible participate in the Track Meet. As such, our intention for each participating student is to find an event that will give him or her as much personal success as possible. Coaches will be making the selections accordingly. Decisions on who participates in which events will be based upon a combination of factors including:

- 1. Attendance at scheduled practices,
- 2. Effort and Attitude
- 3. Results of timed races, runoffs, jumps and throws throughout the season
- 4. Number of participants per event

Track T-Shirt Order Form – Due April 9<sup>th</sup>

DEVON GARDENS  
Track Shirt Order Form



Orders & Payment are due **Thursday April 9<sup>th</sup>, 2020**  
(No late orders will be accepted)

Sample sizes will be available to try on at the office  
until Wednesday April 8<sup>th</sup>, 2020

We will not be responsible for incorrectly sized orders \*Please note: there is no option for return or exchanges

STUDENT NAME: \_\_\_\_\_ HOME PHONE # \_\_\_\_\_

GRADE: \_\_\_\_\_ TEACHER: \_\_\_\_\_ DIVISION: \_\_\_\_\_

**Cost per shirt \$12.00**

Green Tshirt with White Logo  
Please mark t-shirt size and amount

Youth XS (2-4)	Youth S (6-8)	Youth M (10-12)	Youth L (14-16)	Youth XL (18)	
Adult Small	Adult Medium	Adult Large	Adult X-Large	Adult XX-Large	Adult XXX-Large

Please drop off completed orders & money to office by Thursday April. 9 2020  
Cash or Cheque Only

Cheques payable to Devon Gardens Elementary

tax included

**GRAND TOTAL**