



# Parents, please complete this checklist DAILY BEFORE sending your child to school:

## 1. Does your child have any of the following \*Key symptoms of illness:

<input type="checkbox"/> YES <input type="checkbox"/> NO	 Fever	<input type="checkbox"/> YES <input type="checkbox"/> NO	 Chills	<input type="checkbox"/> YES <input type="checkbox"/> NO	 Loss of sense of smell or taste	<input type="checkbox"/> YES <input type="checkbox"/> NO	 Cough or worsening of chronic cough	<input type="checkbox"/> YES <input type="checkbox"/> NO	 Shortness of breath
<input type="checkbox"/> YES <input type="checkbox"/> NO	 Diarrhea	<input type="checkbox"/> YES <input type="checkbox"/> NO	 Nausea/vomiting	 <b>Have you answered "yes" to any of these?</b>					

**1 "YES"** If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), your child should stay home for 24 hours from when the symptom started. If the symptom improves, your child may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

**2+ "YES"** If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or your child has a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child should not return to school until COVID-19 has been excluded and your symptoms have improved.

**2. International Travel:** Has anyone in your household returned from travel outside Canada in the last 14 days? ☐ YES ☐ NO

**3. Confirmed Contact:** Has anyone in your household been a confirmed contact of someone who has tested positive for COVID 19? ☐ YES ☐ NO



If you answered "YES" to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

**RECOMMENDED**



**If a COVID-19 test is recommended by the health assessment, stay home until you get the results. Public health will contact everyone with a positive test.**

- **If COVID-19 test is positive**, your child should stay home until you are told by public health to end self-isolation.
- **If the COVID-19 test is negative**, your child can return to school once symptoms have improved and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless new symptoms develop
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, your child should stay home from school until 10 days after the onset of symptoms.

**NOT RECOMMENDED**



**If a COVID-19 test is NOT recommended by the health assessment:**

- your child can return to school when symptoms improve and they feel well enough (testing may not be recommended if the assessment determines that the symptoms are due to another cause).