

February 24th

Trauma-Informed Parenting: How To Understand and Support Children and Youth Experiencing Trauma

Andrew Neufeld

Via Zoom - 6:30pm - 8:00pm



Parenting is hard, and kids are complex. The word “trauma” brings up all kinds of images for us as parents, and we hope our kids don’t experience it. The reality is that most do in one form or another. Our job as parents is to support our children and youth through their trauma - and COVID has made this even more important, and for many years to come. Together, we’ll define trauma and look at how trauma impacts our children and youth and their development and health outcomes. We’ll look at how our own trauma impacts our job as parents and gain practical insights into tangible ways that trauma informed practice can influence how we are with our kids throughout the age span - ways that can change lives.

Register in advance for this workshop:

<https://ca01web.zoom.us/meeting/register/u5clduCvpz8sG9bJbMCqOhvfjsyZJ8IWC2N>



Andrew Neufeld is the Co-Founder and the Executive Director of Alongside You, Principal at Immerse Consulting, and Clinical Faculty at the University of British Columbia. He is a Registered Clinical Counsellor, Certified Birkman© Consultant and Leadership Consultant, with over a decade of experience working with individuals, couples, families, and professionals. His passion is in helping organizations clarify their goals and passions and design plans on how to get to where they want to be and thrive along the way.